

# Judy I. Eidelson, Ph.D.

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## Education

- 1975-1983      Ph.D. in Clinical Psychology  
Duke University  
Durham, North Carolina
- 1971-1975      A.B. cum laude in Psychology  
Princeton University  
Princeton, New Jersey

## Professional Licensure and Certification

Licensed Psychologist in Pennsylvania, PS-004168-L, 1983-present  
Certified Cognitive-Behavioral Therapist (Center for Cognitive Therapy,  
University of Pennsylvania), 1982  
Academy of Cognitive Therapy, Founding Fellow, 1998-present  
Global Mental Health: Trauma and Recovery Certificate Program, (Harvard  
Program in Refugee Trauma), November 2016-May 2017

## Academic Appointments

- 2012-present      Adjunct Fellow, University of Pa Center For Public Health Initiatives  
Facilitator, Asylum Evaluators' Consultation Group
- 2008-present      Clinical Supervisor, Department of Psychology  
University of Pennsylvania, Philadelphia, PA
- 2014-present      Clinical Supervisor, Department of Psychology  
Drexel University, Philadelphia, PA
- 2006                  Adjunct Faculty, Philadelphia University, Philadelphia, PA
- 1987-1988          Instructor, Department of Psychology  
University of Delaware, Newark, DE
- 1984-1987          Clinical Assistant in the Associated Faculty, Department of Psychiatry  
University of Pennsylvania School of Medicine, Philadelphia, PA

1984-1985 Medical Staff, Department of Medicine  
Presbyterian-University of Pennsylvania Medical Center, Philadelphia, PA

### **Awards**

2014 Pennsylvania Immigration Resources Center "Light of Liberty" Award  
2013 Nationalities Service Center Margaret Harris Award  
2011 HIAS PA Human Rights Award

### **Professional Experience**

1985-Present Independent Practice of Psychotherapy,  
Psychological Assessment, and Supervision

2014-Present Trainer, Physicians for Human Rights

2006 Adjunct Faculty, Psychology Department, Philadelphia University  
Taught "Psychology of Trauma"

2002-2009 Consultant, Liberty Center for Survivors of Torture

1997 Consultant for Stress Management Training, The Monroy Group

1990 Consultant to Integrity Testing in Industry Project  
Office of Technology Assessment  
United States Congress, Washington, DC

1987-1988 Instructor, Department of Psychology  
University of Delaware, Newark, DE

1984-1985 Clinical Director, Institute for Cognitive and Behavioral Therapies  
Presbyterian-University of Pennsylvania Medical Center, Phila., PA

1982-1984 Consultant to Treatment Assessment Research Unit  
Johns Hopkins School of Medicine, Baltimore, MD

1982-1983 Senior Fellow, Center for Cognitive Therapy  
University of Pennsylvania, Philadelphia, PA

### **Professional Memberships**

American Psychological Association  
Pennsylvania Psychological Association  
Academy of Cognitive Therapy (Founding Fellow)  
Philadelphia Society of Clinical Psychologists (1989-2015)  
Board of Directors, 1993-1996; Ethics Committee, 1989-1995  
Psychologists for Social Responsibility  
American Psychology-Law Society

HIAS-PA (Board of Directors 2008 - present)

### **Selected Publications, Papers, and Presentations**

Eidelson, J. I. (2017). Documenting Psychological Trauma in Asylum-Seekers, University of Michigan Medical School Asylum Collaborative, Physician & Student Training, Ann Arbor, Michigan, May 13, 2017.

Eidelson, J. I. & Cobb-Richardson, P. (2017). "Working with Holocaust Survivors and Their Families: Understanding the Trauma Narrative", Jewish Community Services, Baltimore, Maryland, April 26, 2017.

Eidelson, J. I. (2016). "Trauma-Informed Representation: Part One: What is Trauma?" Panel Presentation with Deeya Haldar, JD, Alicia Anguiano, JD, & R. Barrett Marshall, JD, at Philadelphia Chapter, American Bar Association Public Interest Law Day, December 8, 2016.

Eidelson, J. I. (2016). Working with Survivors of Trauma, Drexel Civil Litigation Field Clinic, September 21<sup>st</sup>, 2016, Philadelphia, Pennsylvania.

Eidelson, J. I. (2016). Interviewing Immigrants: Unit 2 in Immigration Law Training, Immigration Legal Resource Training in conjunction with Mennonite Central Committee and Pennsylvania Immigration Resource Center, September 6, 2016, Akron, Pennsylvania.

Eidelson, J. I. (2016). Trauma-Informed Lawyering, Temple University Beasley School of Law, Philadelphia, Pennsylvania, March 8, 2016.

Eidelson, J. I. (2015) "Documenting Psychological Sequelae of Torture and Ill Treatment" and "Best Practices for Writing Effective Medical-Legal Affidavits" presentations at *Documenting Trauma*, Continuing Education Workshop, May 1, 2015, WellSpan-York Hospital, co-sponsored by Pennsylvania Psychological Association, Pennsylvania Immigration Resources Center, and Physicians for Human Rights, York, Pennsylvania.

Eidelson, J. I. (2015). Documenting Psychological Trauma in Asylum Seekers. Presentation at "Introduction to Forensic Documentation of Trauma: Aiding Immigrant Survivors of Torture & Ill-Treatment", April 11, 2015, Yale Center for Asylum Medicine, Yale School of Medicine, New Haven, Connecticut.

Filone, S., & Eidelson, J. I. (2015). Role of Forensic Evaluators in Immigration Court Proceedings: Overview and Clinical Considerations. Paper presented at the 2015 Annual Conference of the American Psychology-Law Society (AP-LS), San Diego, California.

Eidelson, J. I. (2015). Interviewing Survivors of Trauma. University of Pennsylvania Law School, Transnational Law Clinic Seminar, Philadelphia, PA, February 4, 2015.

Eidelson, J. I. (2014). Documenting Psychological Trauma in Asylum-Seekers, University of Michigan Medical School Asylum Collaborative, Physician & Student Training, November 15, 2014.

Eidelson, J. I. (2014). Interviewing Immigrants: Unit 2 in Immigration Law Training, Immigration Legal Resource Training in conjunction with Mennonite Central Committee and Pennsylvania Immigration Resource Center, Akron, Pennsylvania, September 9, 2014.

Eidelson, J. I. (2014). Documenting Trauma in Asylum Seekers, Physicians for Human Rights Training, Jewish Family Service of Buffalo and Erie County, June 10, 2014.

Eidelson, J. I. (2014). Documenting Psychological Trauma in Asylum Seekers, Penn Human Rights Clinic, Clinician Training, University of Pennsylvania Law School, Philadelphia, June 7, 2014.

Eidelson, J. I., Gantman, C., Gansallo, A., Osborne, M., & Suzuki, T. (2014). Challenges and Opportunities in Therapy with Refugee and Asylum Seekers, Workshop presented by Philadelphia Society of Clinical Psychologists, Villanova University, May 9, 2014.

Eidelson, J. I., Kessler, C., & Tuck, J. (2014). Documenting Sequelae of Torture and Ill Treatment for Asylum Seekers. Presentation at Symposium on Bringing Trauma Expertise to Immigrant Survivors: Forensic Evaluations of Asylum Seekers. American Psychiatric Association 167<sup>th</sup> Annual Meeting, New York City, May 6, 2014.

Eidelson, J. I. (2013). Post-Traumatic Stress Disorder: Representing Traumatized Clients. Philadelphia Bar Association Family Law Section CLE, Philadelphia, November 4, 2013.

Eidelson, J. I. (2013). Traumatic Memory Among Torture Survivors, Guest Lecture, Senior Clinical Seminar, Swarthmore College, October 30, 2013.

Eidelson, J. I. (2013). Asylum Seekers and Refugees: Mental Health Challenges and Needs. Symposium Discussant, American Psychiatric Association Annual Meeting, San Francisco, May 22, 2013.

Eidelson, J. I. (2013). Clinical Challenges of Working With Asylum Seekers. Wright Institute, Berkeley, California, May 21, 2013.

Eidelson, J. I. (2013). Interview Strategies for Increasing Disclosure and Accuracy of Trauma Accounts. Guest Lecture, Villanova University School of Law, joint seminar for the Farmworkers Legal Aid Clinic and the Federal Tax Clinic, January 14, 2013.

Eidelson, J. I. and Shidlo, A. (2012). Social Justice for Refugees and Asylum Seekers: The Role of Psychologists. Presentation at Annual Conference of Psychologists for Social Responsibility, Washington, D.C., July 12, 2012.

Eidelson, J. I. and Shidlo, A. (2012). Mental Health Issues in LGBT Refugees and Asylum Seekers. Heartland Alliance for Human Needs & Human Rights Training. Philadelphia, March 22, 2012.

Eidelson, J. I. (2011). Interviewing Traumatized Immigrants. Panel on Hardship Waivers, Philadelphia Chapter, American Immigration Lawyers Association Meeting, October 20, 2011.

Eidelson, J. I. (2011). Psychological Evidence in Asylum Cases. University of Pennsylvania Law School, Transnational Law Clinic Seminar, Philadelphia, PA, October 11, 2011.

Achtenberg, B., Eidelson, J. I. & Forgeard, M. (2011). Caring for Survivors of Torture. Presentation at Annual Conference of Psychologists for Social Responsibility, Brookline, MA, July 14, 2011.

- Eidelson, J. I. (2011). The Role of Psychologists in Documenting Trauma in Political Asylum-Seekers. Presentation at "The Changing Faces of America" Annual Diversity Conference, Philadelphia College of Osteopathic Medicine, April 8, 2011.
- Eidelson, J. I. (2010). Working with Asylum Seekers: Trauma, Torture, and Well-Founded Fears. Pan-Clinical Graduate Seminar, Department of Psychology, University of Pennsylvania, Philadelphia, PA, March 1, 2010.
- Eidelson, J. I. (2007). Depression and Aging: Does Getting Older Have to be Depressing? Invited Lecture, Lankenau Hospital, Senior Life and Culture Series, Wynnewood, PA.
- Eidelson, R. J., & Eidelson, J. I. (2004). They both matter: Reality and belief. *American Psychologist*, 59, 182-183.
- Eidelson, J. I. (2004). Clinical Issues in Evaluation of Torture Survivors. Guest Lecturer, Multi-cultural competence class, Psychology Department, Philadelphia College of Osteopathic Medicine.
- Eidelson, R. J. & Eidelson, J. I. (2003). Dangerous Ideas: Five beliefs that propel groups toward conflict. *American Psychologist*, 58, 3, 182-192.
- Eidelson, R. J., D'Alessio, G.R., & Eidelson, J. I., (2003). The Impact of September 11<sup>th</sup> on Psychologists. *Professional Psychology: Research and Practice*, 34, 144-150.
- Eidelson, J. I. (1994). Therapists in therapy: Confidence vs. confidentiality. Workshop presentation at Annual Meeting of the Pennsylvania Psychological Association.
- Eidelson, J. I. (1994). Mood disorders. Invited lecture to the Philadelphia Psychological Institute as part of its Personality Assessment and Treatment Planning Series.
- Eidelson, J. I. (1989) "Cognitive Group Therapy or Group Cognitive Therapy: Integrating Content and Process", Presentation at 5<sup>th</sup> Annual Theory & Technique in Group Psychotherapy Conference, Philadelphia, Pennsylvania, November 4, 1989.
- Beck, A. T., Brown, G., Steer, R., Eidelson, J. I., & Riskind, J. (1987). Differentiating anxiety and depression: A test of the cognitive content-specificity hypothesis. *Journal of Abnormal Psychology*, 96, 179-183.
- Eidelson, J. I. (1986). Women and depression. In C. Tavis (Ed.), *Everywoman's Emotional Well-being*. New York: Doubleday.
- Eidelson, J. I. (1985). Cognitive group therapy for depression: Why and what. *International Journal of Mental Health*, 13, 54-66.
- Eidelson, J. I. and Roth, S. (1982). Efficacy expectations and psychosocial functioning. Annual Meeting of the American Psychological Association, Washington, D.C.
- Rudy, J., Iwens (Eidelson), J., & Best, P. (1977) "Pairing novel exteroceptive cues and illness reduces illness-induced taste aversions" *Journal of Experimental Psychology: Animal Behavior Processes*, 3, 14-25